



Kala Ashram Ayurved Medical College & Hospital

(A Unit of Kala Ashram Foundation)

R.H.O.:21-A, Daitya Magri, Udaipur (Raj.) 313 001 INDIA

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आजादी के अमृत महोत्सव कार्यक्रम के अन्तर्गत भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग, आयुष मंत्रालय, भारत सरकार के निर्देशानुसार कला आश्रम आयुर्वेद मेडिकल कॉलेज, गोगुन्दा, उदयपुर के द्वारा प्रथम कार्यक्रम दिनांक 15.08.2021 से प्रारंभ करके 02.08.2022 तक कुल 113 (एक सौ तेरह) कार्यक्रमों का आयोजन किया गया। जिसका विवरण निम्नानुसार है :-

SN	Date	Type of Activity	Place	Details
1	15/08/2021	Vriksharopan	KAAMCH Campus	Plantation of Different Plants
2	17/08/2021	Guduchi Ropan	KAAMCH Campus	Guduchi ropan in huge number
3	17/08/2021	Paudha Vitaran	Vijaya bawadi	Vijaya Bawadi, Gogunda - Ayush aapke Dwar
4	22/08/2021	kadha vitran camp	Bansada	Free Ayush Kwath distribution
5	05/09/2021	plantation	college campus	guduchi ropan in hugenu,ber
6	06/09/2021	plantation	college campus	tulsi, nimba,kalmegh,shatavari etc planted
7	08/09/2021	Swarnaprashan camp	college campus	Immunization
8	11/09/2021	Medical camp	hospital	general diseases
9	11/09/2021	medicinal plant distribution	Bansada	ayush aapke dwar
10	15/09/2021	kadha vitran camp	gogunda	ayush kwath
11	21/09/2021	international peace day	college campus	did all religional prayer, meditations
12	23/09/2021	plantation	near by college campus	nimba,kalmegh,karveer,amra etc planted
13	25/09/2021	programme 'remembering our freedom fighters'	college seminar hall	Patriotic
14	01/10/2021	free swarnaprashan camp	hospital premises	Immunization
15	01/10/2021	world Geriatric day and world vegetarian day	college Seminar hall	Awareness Lecture

16	02/10/2021	Gandhi jayanti celebration and swachhata abhiyan	college campus	Swacchata Abhiyan
17	11/10/2021	swasthya charcha - awareness on dengue	college	awareness and prevention highlighted
18	13/10/2021	Medical camp	hospital	madhumeha,swash, sandhishoola
19	14/10/2021	Medical camp	hospital	madhumeha,swash, sandhishoola
20	15/10/2021	international anatomy day	college	exhibition of anatomy models
21	26/10/2021	awareness workshop on prakritik and yoga chikitsa	mahatma gandhi school,kachhba	School Activity
22	26/10/2021	free swarnaprashan camp	college premises	Immunization Camp
23	26/10/2021	camp on dengue awareness and kadha vitaran	nearby villages	kadha vitaran
24	01/11/2021	medicinal plant distribution	bansda village	ayush aapke dwar
25	01/11/2021	plantation	college campus	nimba and guduchi ropan by staff
26	15/11/2021	lecture on dinacharya and ritucharya	govt college, dholighati	Awareness Lecturein College
27	23/11/2021	medical camp	majawat gaon	Different diseases consultation
28	23/11/2021	free swarnaprashan camp	college campus	Immunity
29	30/11/2021	medical camp	mada gaon	kadha vitaran
30	06/12/2021	plantation on world soil day	campus	Plantation of Different Plants
31	12/12/2021	universal health coverage day	college	poster presentation on respiratory diseases
32	18/12/2021	medical camp	patiya gaon	panchkarma based- various asthi and sandhi
33	18/12/2021	kadha vitran camp	patiya gaon	dashmoola kwath vitaran
34	20/12/2021	lecture on eye and ent care through ayurveda	rajkiya mahavidyalaya, gogunda	dhoopan, nasya, karnapooran explained
35	22/12/2021	free swarnaprashan camp	college campus	Immunization
36	29/12/2021	mega free medical camp	padavali kalan village	ano rectal and ent diseases

37	01/01/2022	Free Ayush Medical Camp	Gogunda	Shalya Shalakya Department
38	03/01/2022	Lecture on Ayush System & Demonstartion of Yoga and Hand wash	Government High School, Gogunda	General Awareness
39	03/01/2022	Lecture on Ayush System & Demonstartion of Yoga and Hand wash	Mewar Public School, Gogunda	General Awareness
40	05/01/2022	Lecture on Ayush System and Identification and genral use of medicinal plant	Rajkiya Uchh Madhymik Vidyalay, Vijaybawdi,	Demonstarion of Yoga and Handwash,
41	05/01/2022	Lecture on Ayush System and Identification and genral use of medicinal plant	Rajkiya Uchha Madhymik Vidyalay, Jogiyo ka Guda	Swarprashan and role in immunity.
42	05/01/2022	Lecture on Ayush System and Identification and genral use of medicinal plant	Rajkiya Prathmik Vidyalay, Rathodo ka Guda	Swarprashan and role in immunity.
43	07/01/2022	Lecture on Ayush System	Rajkiya Uchh Madhymik Vidyalay, Bagdunda,	Demonstarion of Yoga and Handwash,
44	07/01/2022	Lecture on Ayush System	Aravali Public school, Bagdunda	Swarprashan and role in immunity, Awareness of current wave of COVID
45	07/01/2022	Lecture on Ayush System	Rajkiya Prathmik Vidyalay, Gurjaro ka Guda	Swarprashan and role in immunity, Awareness of current wave of COVID
46	12/01/2022	National Youth Day Celebration	College	Shapath Grahan by Students
47	14/01/2022	Surynamaskar performed on the occassion of Makar Sankranti	College	Online and Offline both
48	18/01/2022	Free Swarnprashan Camp	College Campus	Immunization
49	21/01/2022	Seminar Organised by Tea Tantrum Pvt. Ltd.	Kalashram Foundation (Daitya Magri)	Vedic Kahwa Launched

50	22/01/2022	Free Medical Camp & Kada Vitaran	Gogunda	Panchkaarma and baal rog based, Dashmool kwath Vitaran
51	26/01/2022	Republic Day - Plantation Done	College Campus	tulsi, peepal, kalmegh, shatavari etc planted
52	29/01/2022	Occassion of World Leprosy Day	College	Awareness Programme
53	01/02/2022	Lecture on introduction to Ayush System	Rajkiya Prathmik Vidyalay, Rewariyo ka Khera,	Benefits of Swarprashan and its role in growing children
54	01/02/2022	Lecture on introduction to Ayush System	Jai mewar uchha prathmikl vidyalay, Badundiya	Demonstarion of Yoga and Handwash
55	01/02/2022	Lecture on introduction to Ayush System	Rajkiya Uchha Prathmik Vidyalay, Jolawas	Benefits of Swarprashan and its role in growing children
56	02/02/2022	Lecture on introduction to Ayush System	Rajkiya Uchha Madhyamik Vidyalay, Majawat	Demonstarion of Yoga and Handwash, Benefits of Swarprashan and its role in growing children, Menustrual Hygiene to female students
57	02/02/2022	Lecture on introduction to Ayush System	Rajkiya Uchha Madhyamik Vidyalay, Mada	Demonstarion of Yoga and Handwash, Benefits of Swarprashan and its role in growing children, Menustrual Hygiene to female students
58	03/02/2022	Lecture on introduction to Ayush System	Rajkiya Prathmik Vidyalay, Bhewadiya	Demonstarion of Yoga aand How Aahar is important for Physical as well as mental health in this growing age is explained
59	03/02/2022	Lecture on introduction to Ayush System	Rajkiya Madhyamik Vidyalay, Kadechawas	Importance of Ahara
60	03/02/2022	Lecture on introduction to Ayush System	Rajkiya Uchha mAdhymik Vidyalay, Chhali	Importance of Ahara
61	12/02/2022	World Epilepsy Day (14th feb'22)	college campus	Awareness Programme

62	14/02/2022	Lecture on introduction to Ayush System	Rajkiya Prathmik Vidyalay, Nayakheda and Rajkiya Madhyamik Vidyalay, Chatiyakhedi and Rajkiya Uchha prathmik Vidyalay, Rana	How to maintain mental Health with Yoga and Dincharya
63	18/02/2022	Free Swarnprashan Camp	college campus	Immunization
64	18/02/2022	Lecture on introduction to Ayush System	Rajkiya Uchha Prathmik Vidyalay, Ghata and M.G. Govt. English medium school, Kachba and Rajkiya Uchha prathmik Vidyalay, Bharodi	Pachamanhabhut
65	19/02/2022	Medical Camp	Gogunda	Shalytantra Based
66	25/02/2022	Lecture on introduction to Ayush System	Rajkiya Uchha Prathmik Vidyalay, Chodafala and Rajkiya Uchha Madhyamik Vidyalay, Patiya and Rajkiya prathmik Vidyalay, Patiya	Aahar Vidhi Vidhan
67	28/02/2022	Plantation	college campus	Aamra, Paras, Peepal, Vasa etc
68	02/03/2022	Lecture on introduction to Ayush System	Rajkiya Uchha Prathmik Vidyalay, Chhipala and Rajkiya Uchha Madhyamik Vidyalay, Modi and Rajkiya prathmik Vidyalay, Bansada	Diwaswap and Ratrijagran
69	04/03/2022	Lecture on Ayush Systems	Rajkiya Prathmik Vidyalay, Bhuj and Rajkiya Uchha Prathamik Vidyalay, Semtal and Rajkiya Prathamik Vidyalaya Nanela	Surya Namaskar explained and demonstrated

70	09/03/2022	Lecture on Ayush Systems in account of International Womens Day (8th March)	Vidyaniketan Madhyamik Vidyalay Gogunda, Rajkeeya Uccha Madhyamik Vidyalay Khatik Mohalla, Saint Mathews Secondary School, Gogunda	Menstrual Hygeine and Nutritional Requirement of Female
71	11/03/2022	Lecture on Ayush Systems	Rajkeeya Prathamik Vidyalaya, Ajayapura, Rajakeeya Uchh Prathamik Vidyalaya, Joshion ki Baval, Raj Ucch Madhyamik Vidyalaya, Jaswantgarh	Viruddhahara
72	12/03/2022	Medical Camp	Gogunda	Shalyatantra Based (Piles, Fistula, Fissure etc..)
73	18/03/2022	Swarnaprashan camp	Saint Mathews Sec School, Gogunda and Kala Ashram Hospital	Swarnaprashan
74	07/04/2022	Seminar on World Health Day	KAAMCH College Campus	World Health Day
75	10/04/2022	Swarnaprashan camp	KAAMCH College Campus	Immunization
76	19/04/2022	WHO- GCTM Shilanyas Ceremony & Global Ayush Investment and Innovation Summit 2022	College Seminar Hall - Online	Online Attending PM event
77	22/04/2022	World Earth Day	College Seminar Hall	Seminar and Quiz
78	29/04/2022	Lecture on Ayush Systems	Raj Prathamik Vidyalaya, Suran and raj Prathamik Vidyalaya Gogunda	Grishma Ritu Charya - Summer regimen
79	07/05/2022	Swarnaprashan camp	KAAMCH Hospital and Gogunda Bus Stand	Immunization

80	17/05/2022	Camp on occasion of World hypertension Day	Gogunda	Advise and Diet for HTN
81	18/05/2022	Camp on occasion of World hypertension Day	Gogunda	Advise and Diet for HTN
82	19/05/2022	General Medical Camp	Majawat, Gogunda	Swas, Kasa, Amavata Camp
83	20/05/2022	General Medical Camp	Kacchba	Swas, Kasa, Amavata Camp
84	21/05/2022	International Tea Day Celebrations	KAAMCH college campus	Seminar in Association wit Tea Tantrum Pvt Ltd.
85	21/05/2022	General Medical Camp	Kacchba	Swas, Kasa, Amavata, Sandhishool Camp
86	23/05/2022	General Medical Camp	Gogunda	Swas, Kasa, Amavata, Sandhishool Camp
87	25/05/2022	General Medical Camp	Dholighati	Striog
88	26/05/2022	General Medical Camp	Chatiya Khedi	Asthi Sandhishool Camp
89	27/05/2022	General Medical Camp on the occasion of World Menstrual Hygeine Day (28th may)	Vijaya bawadi	Striog Camp
90	28/05/2022	General Medical Camp	Modi	Jwar, Sandhivata camp
91	30/05/2022	General Medical Camp	Dheerji ka Guda	Jwar, Sandhivata camp
92	31/05/2022	General Medical Camp	Dadiya	Swas, Kasa, Amavata, Sandhishool Camp
93	01/06/2022	General Medical camp	Bhutala	Swas kasa, Bhagandar, Parikartika
94	01/06/2022	World Milk Day Celebrations	KAAMCH College Campus	Ashta Ksheera Qualities and Relevance in Present Era
95	03/06/2022	General Medical Camp	Badvi Guda	Swas, Kasa, Amavata, Sandhishool Camp
96	04/06/2022	Swarnaprashan camp	KAAMCH College Campus and Gogunda	Immunization
97	06/06/2022	General Medical Camp	Majawadi	Janusandhi Shool Camp
98	06/06/2022	world environment day celebrations	college campus	haridra kand, guggulu planted, name tags implanted
99	07/06/2022	General Medical camp	Majawadi	Swas, Kasa, Amavata, Sandhishool Camp
100	08/06/2022	General Medical Camp	Bagdunda	Respiratory and Joint Diseases

101	09/06/2022	General Medical Camp	Kaachba	Janusandhi Shool, Amavata, sandhigata vata Camp
102	17/06/2022	International Yoga Day Preparations (One week Programs)	KAAMCH College Campus	Siddha Yog Demo by Adhyatmak Vigyan Sadsang Kendra Jodhpur
103	18/06/2022	Yoga day preparations	KAAMCH College Campus	CYP Practice for International Yoga Day
104	20/06/2022	Yoga day preparations	KAAMCH College Campus	CYP Practice for International Yoga Day
105	21/06/2022	International Yoga Day	KAAMCH College Campus	Common Yoga Protocol
106	13/07/2022	Medical camp	Kala Ashram Hospital	Strirog Related
107	26/07/2022	Paudharopan	KAAMCH College Campus	Different Plants and name tags implanted
108	27/07/2022	Paudharopan	KAAMCH College Campus	Different Plants and name tags implanted
109	29/07/2022	Swarnaprashan camp	Kala Ashram Hospital	Immunization
110	29/07/2022	Paudharopan	KAAMCH College Campus	Different Plants and name tags implanted
111	01/08/2022	Charak Jayanti Celebrations	KAAMCH College	Sloka Recitation, Poetry, Slogan, Rangoli
112	02/08/2022	Charak Jayanti Celebrations	KAAMCH College	Samhita Patan, Painting and Quiz
113	02/08/2022	Medical Camp	Kala Ashram Hospital	Bhagandar, Arsh, Parikartika Camp

उपरोक्त कार्यक्रम के अन्तर्गत विभिन्न स्कूलों एवं महाविद्यालयों में अवेयरनेस क्लासेस, योग अभ्यास, पौधारोपण, वितरण, चल चिकित्सा कार्यक्रम, योगक्रिया आदि करवाये गये। जिसमें संबंधित विद्यालयों एवं महाविद्यालय के अध्यापकगण, छात्र-छात्राएँ एवं अन्य स्टाफ ने उपस्थित होकर कार्यक्रम को सफल बनाने में अपना योगदान किया। साथ ही महाविद्यालय परिसर में भी कई प्रकार के कार्यक्रम आयोजित किये गये।



का-ऑर्डिनेटर