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AZAADI KE AMRIT MAHOTSAV – HAMARA AYUSH HAMARA SWASTHYA (Report regarding programs conducted during August 2022)

The Central Government has launched "Azaadi ke Amrit Mahotsav" to commemorate the 75th year of Independence and started a 75-week countdown to the 75th anniversary of India's Independence till August 2022. In this regard we started conducting various programs from August 15th onwards. The report of the activities conducted since August 15th and in subsequent months has already been sent.

On 1st of August, charak jayanti celebration started. We programmed many competitions under the name of 'Charak Pratispardha'.



On day 1 that is **1**st **of August**, Rangoli Competition, slogan and poetry competition organized. Theme of those is swasthya ke liye ayurved, charak prashansha and ayurved and charakopasana respectively. Then shlok recitation competition held afterwards.



On day 2, that is 2nd August, started with samuhik charak samhita pathan by all teachers and students. Then painting competition held. Theme was ayurved avtaran and guru shishya prarampara. After that, quiz was planned based on charak, sushrut, vagbhatt samhita and current affairs. Program is concluded by our Principal sir with announcement of winner of competitions. Prize distribution scheduled for 15th of august.



Medical camp for specific diseases by shalyatantra department was conducted on 2nd of August under Dr Chhaganlal sankala, shalyatantra dept. In this many of patients were benefitted and got advice for diseases like bhagandar, parikartika, arsha, vrana, kadar etc. some of them undergone for ksharsutra procedure. Jaloka awcharan is done on one of dusta vrana patient.



On 5th of august school activities were conducted at rajkiya uchha madhyamik vidyalaya, jhadoli by our doctors, Dr Neetu and Dr Vasundhara. Lecture on Ayush system and ayurved avataran and importance of ayurved in current scenario has been given by Dr vasundhara to class 11 and 12th in presence of teaching staffs and principal Girish Vyas. After that importance and benefits of yoga and suryanamskar explained to the students and preformed basic yog asanas to them. Activity was concluded by plantation at school premises by our staff and their staffs and students.



On 6th of August school activities were conducted at kasturba Gandhi awasiya balika vidyalay,

Gogunda by our doctors, Dr Abhay and Dr Priyanka Kumari. Lecture on Ayush system, varsha ritu charya and importance of ayurved in current scenario has been given by Dr Abhay to class 11 and 12th in presence of teaching staffs and principal Lalita ji. After that importance and benefits of yoga and suryanamskar explained to the students and preformed basic yog asanas to them. A camp was

organized at school for staffs and students by stree prasutirog visesagya Dr Priyanka and assistant Dr Suman. General check up and consultation has been done at free of cost for them. Activity was concluded by plantation at school premises by our staff and their staffs and students.



On 6th August under breastfeeding awareness week awareness camp was arranged by stree rog prasuti tantra dept at Gogunda. Where mothers were educated and importance of breast milk was described by Dr Priyanka Kumari.



On 8th August, dental check up camp was organized by dental medical college at kala ashram for all students, patients and staffs.



On 8th of august school activities were conducted at rajkiya uchha madhyamik vidyalaya, Bhadavi Guda by our Dr Urvashi Sharma. Lecture on Ayush system, varsha ritu charya and importance of ayurved in current scenario has been given to students in presence of teaching staffs and principal. After that importance and benefits of yoga and suryanamskar explained to the students and preformed basic yog asanas to them. Activity was concluded by plantation at school premises by our staff and their staffs and students.



On 10th of august school activities were conducted at rajkiya uchha madhyamik vidyalaya, Vijay Bavdi by Dr Anamika Vyas. Lecture on Ayush system, varsha ritu charya and importance of ayurved in current scenario has been given to students in presence of teaching staffs and principal.

After that importance and benefits of yoga and suryanamskar explained to the students and preformed basic yog asanas to them. Plantation done at school premises by our staff, their staffs and students. Activity was concluded by Har Ghar Tiranga rally by our staff and students.



On 12th of august school activities were conducted at rajkiya uchha prathmik vidyalaya, Rana by Dr Hemant Nagar. Lecture on Ayush system, varsha ritu charya and importance of ayurved in current scenario has been given to students in presence of teaching staffs and principal. After that importance and benefits of yoga and suryanamskar explained to the students and preformed basic yog asanas to them. Activity was concluded by plantation at school premises by our staff and their staffs and students.



On 13th of august school activities were conducted at mahatma Gandhi English medium school, kachhba, Gogunda by Dr Anamika Vyas. Lecture on Ayush system, varsha ritu charya and importance of ayurved in current scenario has been given to students in presence of teaching staffs

and principal. After that importance and benefits of yoga and suryanamskar explained to the students and preformed basic yog asanas to them. Plantation done at school premises by our staff, their staffs and students. Activity was concluded by Har Ghar Tiranga rally by our staff and students.



On 13th August under har ghar tiranga campaign a rally was organized at Gogunda. All staff and students participated in this.

On 15th August, flag hosting done at premises. All staff and students were present. Also prize for charak pratispardha winner were distributed on same day.

कला आश्रम में चरक जयंती के अवसर पर दो दिवसीय चरक प्रतिस्पर्धा का आयोजन



आतमा की ज्वाला

www.natmakijwala.com प्रदेपपुरः काल आंध्रम अपपुरीद मीजाल कॉलेज एगड श्रीसीटल. रोजुन्त में दिसांक 01.08.2022 की पारक जानती गतीनगर का शुभारत्य क्रिया गया। उपसंद्र से दिवसीय प्रतिस्था से विधित पान aftered no serious face serious year feats removed in seem selected of fermit were. प्रकार करणार निर्माण करणार जाने । जा सरोग स्थार सरोगक जाने । काम अवस्था प्रकार गरावे, काम अवस्था प्रकार गरावे, प्रभाव से के साथ अपनाल, प्री. प्रभाव क्रमा सम्बं प्री. समावेर साम क्षे प्रतीन कुमार शर्मा, व्यं मोता को किया लायेगा।

बहु, औं संज्ञान एम, के साम प्राप्ता रोचित्रकः असंपारीत्रम क्षेत्र व्यक्तिसम्बद्ध में दिस्स अरुपुर्वेद विकास का समासी प्रतिकरिता का आयोजन धनवनारी होता में क्रिक गता, साथ ती आतान करामय सुमान्यत्रम के अप्याप १३ पर जनीक प्रमान भी जिया तथा। "पटक विकास" पर 'omple नारकामाना पर कारण पाठ एव '-शब्द प्रजासा' पर क्लोगन प्रतिकारिक का भी आफीजन किया गया। गरोपान्य में बो.ए.एथ.एम पातृपान्य के विद्यार्थियों ने बद-प्रकृत्यार च्याप विकास प्रतीतकात प्रत रामाणन विकास ०२.०४.२०२२

कला आश्रम में चरक संहिता के महत्व पर कार्यशाला आयोजित



उदयपुर 🕸 आल्या की ज्वाला। कला अन्त्रय अपूर्वेद मेडिकल कारिक एम्स व्यवस्थात गोगुन्स उत्पन्न हात 'आजारी का असूत प्रतेत्वाक' एक प्रकार कालाह के अन्तर्गत दिलाक 05.08.2022 की राजधीय उच्च मार्थ्यपक विद्यालय, झाझेली, गणुन्य में कहा 6 से 12मी तक के विद्यार्थियों के लिए कार्यशाला आयोजित की गई। कार्यक्रम प्रभारी डॉ. श्वति प्रकाश ने मताया कि इस अवसर पर कला काश्यम अभागुर्वेद करितंत्र की डॉ. वस्तुम्परा जानुस्वीरमा ने विद्यालय में जर्विमात स्टाप्ट व एक्ट-एकाओं को चरक की मस्ता मताने तुए आपूर्वेद अकतरण के बारे में जानकारी प्रदान करते तुए औपधीय पादमें के भारे जानकारी प्रदान की। माल रंग विशेषा डॉ. गीत् सिक्ट सियाग ने किलारियों को सहकारी के समय स्वाच्छता रखने क तरीक एक इन्हें राजी से संबंधित परावर्श भी दिया। कार्यकाल ये इन्द्रातीज तो जेता ही भृतिक ने विद्याधियों को सूर्य नामकार को 12 अनक्ष्माओं को करने का तरीका मताया। पायन नामका को कुणाक क्रम से राष्ट्रमें के लिए खजारान से भुजारान गाँप का प्रदर्शन किया गया। कार्यशाला के अंत में बंदा, जान्मू, बिलब, मीटे नीय आदि एएटों का बितारण एवं रोपण भी किया गया। कार्यशाला में विद्यालय के प्रधानान्वार्य की निरिश ज्यास एवं सम्पत्त क्रिक्षकाण के साथ 55 विद्याभियों ने भाग लिया।

कला आश्रम में चरक जयंती पर दो दिवसीय चरक प्रतिस्पर्धा का समापन



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दिसंक : 13 अगस्त, 2022 चार : प्रानिवार पेव : 4

कला आश्रम आयुर्वेद मेडिकल कॉलेज एण्ड हॉस्पीटल, गोगुन्दा द्वारा आयुर्वेद के सामान्य ज्ञान एवं वर्षा ऋतु पर कार्यशाला

आ ्र मा स को की है जिस्सा का व होना स्था व व्यक्तिमधीर विद्यार्थन साम वेश्वासी क्रीमधी क्टब्स्ट्राटको सर्वे अवस्थाना स्टब्स्ट्राच्ये तर्दे से स्थापः अरोब स्टब्स्ट्राच्येस केला केलामा विदेशीतका स्थाप केला केला क्टब्स्ट्राच्य क्षि प्रकार र स्थानका कन्त्रीर स्थान ने सी शीव कि शरक्षक्र ला सुर रेला लोक्स्तां के सम्बन्ध र रोम किए का स्टेक्स रे क्षेत्री समेश अमेर से पी. विकास मार्थिक प्रतिकार में प्रतान ज्यात 🎉 को प्रतिक्रिया । सोवर्षेत्रण प्रतिक्री केल्ला स्टालिक स्टालिक सार्वे के विकास के किए जा तथा है है । अपने के लिए जा किए ज



