

# कला आश्रम आयुर्वेद मेडिकल कॉलेज एंड हॉस्पिटल

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## **AZADI KA AMRIT MAHOTSAV HAMARA AYUSH HAMARA SWASTHYA**

**Report regarding programs conducted during  
AYUSH WEEK (30-08-2021 to 05-09-2021)**

The Central Government has launched "Azadi Ka Amrit Mahotsav" to commemorate the 75th year of Independence and started a 75-week countdown to the 75th anniversary of India's Independence till August 2022. In this regard, it has been decided to celebrate AYUSH week from 30.08.2021 to 05.09.2021 and various programmes have been organized during this period.

We at Kala Ashram Ayurved Medical College and Hospital, Gogunda, Udaipur organized "VRIKSHAROPAN" in our campus, starting from August 15<sup>th</sup> 2021 and from that day we started planting Guduchi all over in the campus and till now around 750+ Guduchi stems has been planted under "GUDUCHI ROPAN" programme throughout the campus in a view that these can be used to make medicines in near future.

We also planted around 300+ different varieties of medicinal plants like Tulsi, Ghritkumari, Ashwagandha, Kalmegha, Kanchanara, Vasa, Guggulu, Semal etc. in this AYUSH Week inside the college campus. We received medicinal plants from the Charak Upavan (Nursery) of Madan Mohan Malviya Govt. Ayurveda College Udaipur. We distributed medicinal plants under the programme "AYUSH AAPKE DVAAR" in the local villages like Bansada, Vijaybavadi, Dholighati, Gogunda etc. This programme has been creates awareness among the local people towards the raw herbs.

Further our college hospital has been conducted **MEDICAL AWARENESS CAMPS** and health checkups in the local villages regarding the relevance of AYUSH Systems in COVID-19 pandemic, Corona Virus Infection, transmission, importance of personal hygiene, use of masks and sanitizers and maintain social distance. We distributed Medicated Kwath (**Kada Vitharan**) in various local villages and conducted **FREE SWARNA PRASHAN MEDICAL CAMP** in which called the parents whose delivery were conducted earlier in our college along with that of other children.

Our staff participated in the Launch of **Y Break App** on 1<sup>st</sup> September and also attended the webinar on the same on 5<sup>th</sup> September. We were also in touch with various higher secondary schools and colleges for their participation in online events conducted by AYUSH. We have already shared the details of those institutions including the Name, Address, Email and Phone number via Google Forms. We were in touch with those institutions through WhatsApp and Email.

We at **Kala Ashram Ayurved Medical College and Hospital, Gogunda, Udaipur** take this opportunity to create awareness regarding AYUSH systems and especially Ayurveda at those institutes and students and we had requested their participation in various activities of AYUSH Ministry in the coming year also. In this regard they attended the national launching event of this programme on 4th September on virtual platform. We look forward to indulge more in this year long activities of Azadi Ka Amrit Mahotsav.

## वृक्षारोपण कार्यक्रम

### स्टाफ द्वारा





## विद्यार्थियों द्वारा





## गुडुची रोपण



## चरक उपवन से पौधे प्राप्त करते हुए





## 'आयुष आपके द्वार'—पौध वितरण



## निःशुल्क स्वर्ण प्राशन शिविर



## निःशुल्क चिकित्सा शिविर





## निःशुल्क काढ़ा शिविर



**KALA ASHRAM AYURVED MEDICAL COLLEGE AND HOSPITAL  
GOGUNDA, UDAIPUR**